

Fill the following parts in as good and complete as you can.  
The completer, the easier it will be for the other participants to run your activity.  
Good luck!

Title	<b>Step up for your rights</b>
Theme	Human Rights – sexual trafficking
Objectives	By the end of the activity, the participants should be aware of the inequalities created by the sexual trafficking phenomenon.
Complexity (from 1 to 5)	3
Group size	5 – 20
Duration	Briefing – 10 min Role play – 20 min Debriefing – 45 min
Overview activity (step by Step)	This is a role play based on <i>step forward method</i> . The activity is designed to understand the main actors involved in the human trafficking phenomenon and also how this process affects their rights.
Materials needed	Blankets or ropes Lamp or candles Facial paintings tape street bench, couch, chairs or ropes cards with the roles cards with questions cards with rights for every role markers (condoms)
Preparation before activity	<ul style="list-style-type: none"> <li>- Write the cards with the 9 roles</li> <li>- Write the cards with 10 questions</li> <li>- Write the 9 sets of cards with 10 rights</li> <li>- Prepare the “stage”– the room or the environment (hang the blankets or the ropes creating a higher and comfortable area and a lower corner in the extreme points. In between the light and the comfort are getting diminished, having 10 levels of comfort. Every time you lose a right, you move to the next level.)</li> </ul>
Instructions	<p>Briefing: The participants are asked to volunteer to be active participants within the role play. Those who choose not to play an active role can be the observers.</p> <p>Distributing and explaining the role plays. Every volunteer will receive a card that explains the role that he or she has:</p>

- Trafficked prostitute – “you are a female of 28 years old and you have been kidnapped by 2 men from your country (Ukraine), sold to a pimp in London. You have been travelling with an escort (Vlad) that facilitated your arrival to London and took care that you don’t escape. Now, you have no passport, you live illegal and you are being forced to prostitute yourself. You never receive any money; just the necessary goods and you can not leave the building that you live in. You don’t speak English.”
- Prostitute – “you are a female of 20 years old and came from a poor family. In your country, the prostitution is legal, so you decided to prostitute yourself for a living until you have the necessary money to do something else. Your dream is to become a singer. You save most of the money you earn, You only spend on clothing, rent and food.”
- Pimp – “you are a man of 35 year’s old, living in a fancy neighbourhood in London. You have a family, a nice house and an expensive car. You don’t worry about tomorrow’s living. You are earning money from exploiting 7 girls that prostitute themselves. They were sold to you by someone in Ukraine.”
- Client – “you are a business-man in London. You are 40 years old. You have a wife that is a lawyer, 2 children that go to school and you live in a house in the suburbs. From time to time you like to visit a neighbourhood where you can choose a prostitute. It is not expensive and you consider this fun. You never talk with the girls. You know nothing about them. You don’t use condoms.”
- Client using protection – “You are an industrial worker. You are 30 years old and take German lessons in your free time. You travel a lot. You don’t have a family. From time to time you go to a bordello and you have protected sex with prostitutes. You try to talk to them but they don’t understand English.”
- Neighbour – “You live in a very fancy neighbourhood in London, very cool clubs and you party a lot. You are 38 years old and you live with your girlfriend. Every night you go to sleep, you can hear noises from the next apartment. You believe that there is a bordello, because you see men coming and going any hour of the day and night.”
- Child of the trafficked woman – “You are 8 years old and

you live in Ukraine. You don't know your father and your mother simply disappeared 4 months ago. You are now living in a village with your grandmother that is very old and you had to change schools when moving here."

- Trafficant – "You are 40 years old and you live in Ukraine. You are part of the local mafia. You earn good money from selling prostitutes abroad. You spend all your money on expensive cars. You don't have a diploma or a job."
- Intermediate/escort – "Your name is Vlad and you are a student of 22 years old. You don't have money to pay for your school, so you help a Mafioso from Ukraine to place girls that he kidnapped around Europe. You receive money from these transfers."

The participants will also receive a set of 10 cards with rights.

Explaining the step by step rules:

- When a question is asked you move forward or you stay, according to your role (ex: can you apply for a job? Client answer "Yes" – stays, prostitute answers "No" – takes a step forward). Every new steps you enter a different level of comfort and you lose a right
- They can not look or go back.
- For each right that you loose, you receive a spot of paint on the face.

At the starting points, all the participants will have the same rights. The rights will be stated on small cards that every participant receives (every card has a right represented on it).

Every right is linked with a question that the facilitators created:

- right to desirable work
- right to participate in government and free elections
- right to security
- right to interference with family
- right to health
- right to participate in cultural life and community
- right to freedom from torture and degrading treatment
- right of freedom of believe and religion
- right to information
- right to education

The questions:

1. Are you able to apply for a job?
2. Can you vote?
3. You feel secure at night?
4. Do you have contact with you family?
5. Can you go to a doctor in case of illness?
6. Do you have social connections in your daily life?

	<p>7. Can you be sure that nobody hurts you?  8. Are you able to go to church?  9. Can you read the newspaper every morning?  10. Did you go to college?</p> <p>One of the facilitators asks the questions and another one applies the paint on the faces of the participants that take more steps</p> <p>At the end of the role play, the trafficked prostitute will have the face painted and she/he will be the closest to the final level, having no or few rights and being trapped in the small, uncomfortable corner,</p>
<p>Debriefing and evaluation</p>	<p>The participants will keep their places in the levels that they reached through the emotional debriefing</p> <p>Questions to be asked by the facilitator:  How are you feeling?  How did you felt about the others (explore the extremes)?  How did the observers felt?</p> <p>Tell me more about your life...(reveal the roles)</p> <p>Discussion in circle  (causes, the interdependences between the main actors, how the phenomenon affects everyone involved in terms of human rights, reflection upon their own behaviour in the society, consequences, prevention)</p>
<p>Tips for facilitators</p>	<p>Be aware not to put the negative roles in &gt;good light&gt; as an example to follow</p> <p>Adapt the game and the questions to participants (age, culture, level of intelect, education)</p>
<p>Suggestions for follow up</p>	<p>The participants can do peer to peer education on the topic. Create a list of resolutions to protect the possible victims of trafficking.</p> <p>You can use the role play for different situation</p> <p>You can use the game and play it as a table game with cards representing pictures / cartoons of each rights</p> <p>It can also be adapted to outdoor activity.</p>
<p>Source/authors</p>	<p>Andre (PT)  Theresa (DE)  Cristina (RO)</p>